



3rd October 2022

THE COST OF LIVING CRISIS

As we head into the colder months, I'm sure like many people you are keeping an eye on the news and are aware of the cost of living crisis. I just wanted to reiterate that all our volunteers are able to claim for reasonable travel expenses when volunteering at Claire House.

We know that not many of you claim expenses and I just want to make sure everyone is aware that you are absolutely entitled to claim this. We never want anyone to be out of pocket for volunteering, especially in the midst of a cost of living crisis.



All you have to do is speak to your line manager and say that you want to claim. Don't worry if you've never claimed before, whilst we can't backdate expenses, you can claim this whenever you want to, so please start today.

Your line manager will ask you to fill in a form for with your bank details, this is so we can pay your expenses into your account. You only have to do this once. Then you fill in a monthly expense form and the funds are sent via your bank! It's very simple to set up, and your line manager or a member of the volunteering team can talk you through it.

I really would encourage all volunteers to claim for your entitled expenses. **Thank you.**

FABULOUS FUNDRAISING

We've had a busy time with fundraising events, including the return of Mowgli Dog Show. People and their furry friends descended to Claremont Farm for the Mowgli Dog Fest weekend in September. It was a brilliant success, with over £70,000 raised to support Claire House.

Our brilliant Mowgli volunteers were such a great support over the weekend. Our volunteer photographers also managed to capture some lovely snaps, we'd like to share with you all.

Thank you to everyone who supported Claire House over the weekend, we couldn't have done it without you!



WHAT WE'VE BEEN UP TO...

You may have heard we're launching a brand new campaign to recruit even more amazing volunteers. It's called 'Just an Hour' and focuses on the difference volunteering makes to you as well as to Claire House.

We've heard great things about how you've made friends, gained experience, developed skills, learnt something new, built confidence and felt a sense of purpose...amongst so many other benefits!

We'd like to say a HUGE thank you to all the volunteers who've gotten involved so far. Keep an eye out on your social media, local news and around your local community as new adverts will be going out soon! **If volunteering has made a difference to you and you'd like to share your story, please do get in touch as we'd love to feature more of you!**

It's a busy time for volunteer recruitment this autumn, so Jess will be visiting lots of local universities and colleges to promote volunteering. She recently attended Fresher's Fair at the M&S Bank Arena.

One of the exciting roles we're recruiting for is for volunteers to support our Lads Group at Claire House Liverpool. Volunteers will be helping to run activities such as video games, FIFA tournaments quizzes, board games and the occasional 24-hour game-a-thon! It's lots of fun and a great opportunity for those passionate about working with young adults...and who have a great sense of humour. Find out more [here](#)



AND FINALLY...

Did you know Claire House now celebrates a diversity calendar? We aim to mark special days and events throughout the year to promote inclusion. It's really important that we make Claire House the best it can possibly be and a welcoming place for everyone.

October will see us celebrating National Inclusion Week, Dyslexia Week and Black History Month – so it's a busy time ahead! We're also committed to reaching out into our local communities, building relationships and improving representation across Claire House.

The best thing is that we're always learning something new. So, if you'd like to get involved, we'd recommend taking a look at the [Diversity and Inclusion Calendar](#). Of course, if you have any ideas you'd like to share or if you're passionate about any topics, please do let us know. We'd love to hear from you!

Amy, Jess and Lucy x

